



The
**Resource
Basket**

Our People: We are Responsible for Each Other and Ourselves

Respect for Knowledge & Wisdom from Life Experiences

Piqakkutiqabniq Miqjiqtunun: Love for Children

Hunter Success — Care of Human Body

Youth Safety: TALK ABOUT IT!

Alaska Native values teach being mindful of the world around us for the safety of the young. For survival's sake, we need to be prepared for the expected and unexpected. Being close to nature is important and being ready to care for yourself and others will make it safer and more enjoyable.

With Youth

Emphasize safety first

Go over procedures

With Staff

Have a safety plan

Ensure all are trained

With Elders

Listen to advice

Learn from experience

What to discuss and prepare before your next adventure:



Traveling Over Land

Use well-maintained vehicles
Be prepared for breakdowns
Wear helmets when appropriate



Weather Conditions

Check weather before going out
Be prepared for quick changes
Ensure proper clothing of all



Traveling Over Water

Ensure all passengers wear PFDs
Do not overload boat
Carry emergency supplies



Hunting & Fishing

Review gun safety with all youth
Closely watch use of knives
Prepare foods to avoid illness

*To learn more about staying safe while connecting with nature, talk with Elders in your community. You can also find resources and information gathered from around the state at anthc.org/what-we-do/wellness/injury-prevention/